

# Scantron Testing: How Parents Can Help

Feeling nervous about testing is normal for students. It is how we manage stress that makes a difference. The feelings you express can help your student to feel confident.

Everyone can do their personal best, so encourage that.

Prepare your child for testing and review the change in the school schedule.

To avoid anxiety **please have your child/(ren) at school on time.**

A good night sleep and breakfast can make a world of difference.

The Scantron Schedule is listed below:

<b>9/10-9/14</b>	<b>MONDAY 9/10</b>	<b>TUESDAY 9/11</b>	<b>WEDNESDAY 9/12</b>	<b>THURSDAY 9/13</b>	<b>FRIDAY 9/14</b>
8:15-9:15		<b>6 READING</b>	<b>MASS</b>		<b>7 MATH</b>
9:45-10:00	Recess	Recess	Recess	Recess	Recess
10:00-11:00		<b>8 MATH</b>	9:30-10:30 <b>5 READING</b>	<b>4 READING</b>	<b>3 READING</b>
Recess/Lunch					
12:45-1:45	<b>7 READING</b>			<b>6 GRAMMAR</b>	
1:30-2:30					<b>5 MATH</b>
<b>9/17-9/21</b>	<b>MONDAY 9/17</b>	<b>TUESDAY 9/18</b>	<b>WEDNESDAY 9/19</b>	<b>THURSDAY 9/20</b>	<b>FRIDAY 9/21</b>
8:15-9:15				<b>3 GRAMMAR</b>	
9:45-10:00	Recess	Recess	Recess	Recess	Recess
10:00-11:00		<b>3 MATH</b>	<b>MASS</b>		
10:45-11:45	<b>6 MATH</b>		9:30-10:30 <b>5 GRAMMAR</b>	12:20-1:20 <b>4 GRAMMAR</b>	
Recess/Lunch					
12:45-1:45	<b>8 READING</b>				
1:30-2:30			<b>8 GRAMMAR</b>		
<b>9/24-9/28</b>	<b>MONDAY 9/24</b>	<b>TUESDAY 9/25</b>	<b>WEDNESDAY 9/26</b>	<b>THURSDAY 9/27</b>	<b>FRIDAY 9/28</b>
9:45-10:00	Recess	Recess	Recess	Recess	Recess
10:00-11:00	<b>4 MATH</b>	<b>MAKE UP</b>	<b>MAKE UP</b>	<b>MAKE UP</b>	<b>MAKE UP</b>
12:45-1:45	<b>7 GRAMMAR</b>	<b>MAKE UP</b>	<b>MAKE UP</b>	<b>MAKE UP</b>	<b>MAKE UP</b>